ADDICTED TO TECHNOLOGY?
EVENING SEMINAR FOR PARENTS

Parents of adolescents (12-17 years) are invited to attend an evening seminar that will discuss:

- How to manage your teens obsession to social media
- Dealing with low school attendance due to all night gaming
- Setting positive and healthy boundaries surrounding technology use

The seminar will be delivered by Collett Smart, a child and adolescent psychologist who has been working with families and delivering seminars for over 20 years. Collett is well known in the media for her TV and radio interviews on issues impacting families with children growing up in a technology saturated society.

TIME: 7:00pm-9:00pm
DATE: Thursday 18th February, 2016
VENUE: Glenwood High School, Corner Forman Ave and Glenwood Park Drive, Glenwood
COST: $10.00 per person (early-bird price: $5.00- book before 05/02/16)
BOOKINGS: Contact Justine on 9626 6620 or Kate from Glenwood High School on 9629 9577 to purchase tickets.